



THE TECHNICAL UNIVERSITY OF KENYA

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Faculty:	Applied Sciences and Technology
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EDUCATION

LEVEL	QUALIFICATION NAME	INSTITUTION	YEAR
Doctor of Philosophy (PhD)	FOOD, NUTRITION AND DIETETICS	KENYATTA UNIVERSITY (Kenya)	2022
Masters of Science (M.Sc.)	FOOD NUTRITION AND DIETETICS	KENYATTA UNIVERSITY(Kenya)	2004
Bachelor of Education (B.Ed)	HOME ECONOMICS	KENYATTA UNIVERSITY(Kenya)	1991
A Level/Equivalent	KENYA ADVANCED CERTIFICATE OF EDUCATION	LORETO CONVENT MSONGARI(Kenya)	1987
O level/Equivalent	KENYA CERTIFICATE OF EDUCATION	BUTERE GIRLS HIGH SCHOOL(Kenya)	1984
KCPE/Equivalent	CERTIFICATE OF PRIMARY EDUCATION	KANJALU PRIMARY SCHOOL(Kenya)	1978

WORK EXPERIENCE

PERIOD	INSTITUTION	POSITION
2013 - TO DATE	TECHNICAL UNIVERSITY OF KENYA	LECTURER
2009 - 2013	THE KENYA POLYTECHNIC UNIVERSITY COLLEGE	CHAIR/LECTURER
2003 - 2009	THE KENYA POLYTECHNIC	SENIOR LECTURER(TSC)
1996 - 2003	THE KENYA POLYTECHNIC	LECTURER (TSC)
1995 - 1996	THOGOTO TEACHERS TRAINING COLLEGE	ASSISTANT LECTURER (TSC)
1992 - 1995	EGOJI TEACHERS TRAINING COLLEGE	ASSISTANT LECTURER (TSC)

GENERAL STATEMENT ON RESEARCH AREAS

Childhood Obesity, Nutrition management of disease, Product development

CURRENT RESEARCH PROJECTS

Effect of Moringa Oleifera consumption on Protein and Vitamin A status of children with cerebral palsy in Nairobi, Kenya

NUTRITION

SELECTED PUBLICATIONS

TITLE	LINK TO PUBLICATION	YEAR
Nutritional Value and Sensory Acceptability of M. oleifera Fortified Finger Millet Porridge for Children with Cerebral Palsy in Nairobi County, Kenya	View online	
Effect of Moringa Oleifera fortified porridge consumption on protein and vitamin A status of children with cerebral palsy in Nairobi, Kenya: A randomized controlled trial	View online	
Dietary Patterns and Obesity among Pre-Adolescents in Nairobi, Kenya	View online	
Obesity and factors that contribute to Obesity among Pre- Adolescents in Day Private Primary Schools in Nairobi, Kenya	View online	
A Review of Dietary Intake and Nutritional Status of Children with Cerebral Palsy	View online	

COURSES TAUGHT

NAME	DESCRIPTION	PERIOD
Nutrition and Diet Therapy	Management of disease using diet	2009 - TO-DATE
Research Methods	Methodology, Data collection	2009 - TO-DATE
Nutrition Clinical Skills	counselling techniques, management of diseases at hospital and community level	2009 - TO-DATE
Community Nutrition and Education	Dissemination of nutrition information at community level	2009 - TO-DATE
Integrated Management of Acute Malnutrition	Managing malnutrition at community levels	2009 - TO-DATE

PROFESSIONAL AFFILIATIONS AND SOCIETIES

TITLE	INSTITUTION
Member	Food Science and Technology Platform of Kenya(FoSTeP-K)
NUTRITIONIST/DIETICIAN	KENYA NUTRITIONISTS & DIETICIANS INSTITUTE (KNDI)
MEMBER	KENYA ASSOCIATION OF FOOD SAFETY AND PROTECTION