



THE TECHNICAL UNIVERSITY OF KENYA

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NAME: DR EUNICE JEMALEL NYAVANGA

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| Faculty: | Social Sciences and Technology |
| School: | HOSPITALITY AND HUMAN ECOLOGY |
| Department: | PSYCHOLOGY AND HUMAN DEVELOPMENT |
| Current Designation: | Senior Lecturer, PSYCHOLOGY AND HUMAN DEVELOPMENT (DPHD) |
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| Consultation Hours: | 8AM-5PM MON - FRI |



EDUCATION

| LEVEL | QUALIFICATION NAME | INSTITUTION | YEAR |
|---------------------------------|-------------------------|--------------------------------|------|
| Doctor of Philosophy (PhD) | Clinical Psychology | University of Nairobi(Kenya) | 2012 |
| Masters of Science (M.Sc.) | Clinical Psychology | University of Nairobi(Kenya) | 2008 |
| Bachelor of Philosophy (B.Phil) | Psychology(counselling) | University of Nairobi(Kenya) | 2005 |
| Diploma | Education | Siriba Teachers Collage(Kenya) | 1985 |

WORK EXPERIENCE

| PERIOD | INSTITUTION | POSITION |
|----------------|--|--------------------------|
| 2012 - 2013 | Kenya Methodist University | Lecturer |
| 2002 - 2012 | Teachers service commission | administrator |
| 2008 - 2010 | Egerton, MoimBaraton, Nazarene Universities | Part-Time Lecturer |
| 1985 - 2001 | Chewoyet, Nasaka, Tartar, Eldamaravine Secondary Schools | Secondary school Teacher |
| 02.08.2013 - * | Technical University of Kenya | Lecturer |

GENERAL STATEMENT ON RESEARCH AREAS

Opinions about Mental illness; Attitudes towards Professional Psychological Treatment for Mental illness and Expectations about Psychotherapy for a Mental Health Problem; Prevalence, Patterns, Risk factors and treatment for Psychoactive Drug use

CURRENT RESEARCH PROJECTS

| | |
|--|---------------------|
| Prevalence, and Patterns of Psychoactive Substance Use among Somali Youth in Eastleigh. | Nairobi Area |
| Opinions, attitudes and expectations about counseling for a mental health Problem among univervisty students | Clinical psychology |
| prevalence and correlates of depression among university students in Kenya | Clinical Psychology |

SELECTED PUBLICATIONS

| TITLE | LINK TO PUBLICATION | YEAR |
|---|-----------------------------|------|
| National Alcohol and drug Abuse research workshop,Held at KIA,Kenya | View online | |
| x. Correlations Between Opinions About Mental Illness and Attitudes Towards Psychological Help Seeking for a Mental Illness Among College Students in Kenya. Psychology and Behavioral Sciences, 2017; 6(4): 54-58. | View online | |
| ix. Efficacy of psycho-education on improving Attitudes towards Professional Psychological Help Seeking for a Mental Illness Among Teacher Trainees in Kenya. European Journal of Preventive Medicine, 2016; 4(5): 120-124. □ | View online | |
| xii. Factors that Contribute to Attitudes Towards Professional Psychological Help Seeking for Mental Health Issues Among Teacher Trainees in Kenya. American Journal of Applied Psychology, 2017; 6(6): 142-146. | View online | |
| viii. Effectiveness of Psycho education ion Improving Opinions about Mental illness among Primary School Teacher Trainees in Kenya, Science Journal of Public Health, 2016,4(6): 422-429. | View online | |
| vii. Expectations about Counseling for a Mental Illness Among Primary School Teacher Trainees in Kenya. Science Journal of Public Health, 2016; 4(4): 305-311. doi: 10.11648/j.sjph.20160404.16□. | View online | |
| vi. Attitudes Towards Professional Psychological Help Seeking Among Young Adults: A Case Study of Public Teacher Training Colleges. Psychology and Behavioral Sciences, 2016; 5(3): 69-76. □. | View online | |
| v. Opinions about Mental Illness Among Primary School Teacher Trainees in Kenya. Journal of Psychology and Behavioral Sciences, 2016: 5(3): 62-68. | View online | |
| xi. Psychoeducation Effectiveness on Expectations About Counseling for a Mental Illness Among the Youth: A Case Study of Teacher-Trainees in Kenya. American Journal of Applied Psychology, 2017; 6(4): 57-63. | View online | |
| Shisha Use and Its Associated Factors Among Somali Youth Living in Eastleigh, Nairobi, Kenya International Journal of Psychological and Brain Sciences Volume 3, Issue 3, June 2018, Pages: 22-27 | View online | |
| Miraa Use Among Somali Youth Living in Eastleigh, Nairobi Kenya | View online | |
| Social-Cultural Factors Associated with Common Mental Health Disorders among Pregnant and Parenting Teenagers: A Case Study of Korogocho Slums, Nairobi County, Kenya | View online | 2023 |
| Effects of Socio-economic Status on Uptake of National Hospital Insurance Fund among Motorcycle Riders(Bodaboda)in Vihiga County, Kenya | View online | 2023 |

POSTGRADUATE STUDENTS SUPERVISION

| NAME | PROJECT TITLE | PERIOD |
|-------------------------|---|------------|
| ADAN ADEN KORIO | Prevalence and Patterns of Psychoactive Substance Use and its Associated Demographic Characteristics among Somali Youth Living in Eastleigh, in Nairobi, Kenya | 2016-2018 |
| WAWA SARAH K | PREVALENCE AND SOCIO-DEMOGRAPHIC CORRELATES OF DEPRESSION AMONG STUDENTS AT THE KENYA METHODIST UNIVERSITY. | 2016-2018 |
| Miriti Jenny Beth Gakii | Social-Cultural Factors Associated with Common Mental Health Disorders among Pregnant and Parenting Teenagers: A Case Study of Korogocho Slums, Nairobi County, Kenya | 05/07/2023 |

COURSES TAUGHT

| NAME | DESCRIPTION | PERIOD |
|--------------------------------------|---|--------------------------------|
| Project B | This course aims at helping students be able to collect data and write discussion for the results | January 2018 - April 2018 |
| Drug and Substance Rehabilitation | This course is aimed at learners to develop skills, attitudes and techniques of managing substance dependence in a Rehabilitation | September 2018- - TO-DATE |
| Drug and Substance Abuse | This course aims at helping learners understand the psychology and counseling skills of individuals with alcohol and substance abuse | September 2018 - December 2018 |
| Fundamentals of Counseling | This course aims to introduce learners to fundamentals of counseling | September 2018 - TO-DATE |
| Project A | This course aims at helping learners to develop research skills in project proposal | September 2018 - TO-DATE |
| Industrial Psychology | This course aims to introduce the psychology of work and the workplace | January 2018 - April 2018 |
| Forensic Psychology | This course aims to introduce to learners the psychology and counseling skills in criminal justice system | January 2018 - April 2018 |
| Homes for Seniors | this course aims to impact to the learners the skills and techniques used in a Home for the Seniors | January 2018 - April 2018 |
| Psychometrics B | This course aims at helping learners be able to do comprehensive assessments of individuals with Psychological problems using standardized tests, observations etc in a variety of settings | January 2018 - April 2018 |
| Research Methods | This course aims to help students develop their research projects to completion for their Diploma Certificate | January 2018 - April 2018 |
| Introduction to Sociology | This course aims to introduce Sociological principals to learners | January 2018 - April 2018 |
| Cognitive Psychology | This course aims to introduce the major principals of Cognition | September 2018 - December 2018 |
| Counseling People with Special Needs | This course aims at counseling individuals with special needs appropriately | September 2018 - TO-DATE |

PROFESSIONAL AFFILIATIONS AND SOCIETIES

| TITLE | INSTITUTION |
|--------------------------------|--|
| Certificate in health Systems | AMREF, |
| VCT counselor | NASCOP |
| Certificate for Addiction Prof | NACAADA |
| Certificate in Distance Learni | African Nazarene University |
| Certificate in Health Research | African Mental Health foundations, Kenya |
| Certificate in Suicide Counsel | Samaritans, Kenya |
| Management and Rehabilitation | SAPTA, KENYA |
| Basic Counseling Skills | Amani Centre Kenya |
| Certificate in Research Method | Catholic University of Kenya |
| HIV/AIDs Management in the wor | L. Bogoria Hotel |
| Certificate IV in Management M | University of Melbourne |

EXTRA INFORMATION

DESCRIPTION

International Conferences 2011-2017

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|----|--|---|---|
| a. | National Alcohol and Drug abuse Research Workshop, held at KIA, Nairobi, Kenya | <i>"Baseline Survey of Alcohol and Drug Abuse Among Teachers in Kenya"</i> | March 2012 NACADA Report of 2012 |
| b. | 37 th Annual Alcohol Epidemiology Symposium of the Kettil Bruum Society held in Melbourne, Australia | <i>"Prevalence of Alcohol and Drug Abuse among teachers in Kenya"</i> | April 2011 Report of the 37 th KBS |
| c. | 4 TH African International Psycho-trauma Conference and the Training Towards Mental health Policy and Practice on Psychotrauma-African Solutions to African Problems. | <i>"Prevalence of PTSD among primary school teachers soon after the post-electro-violence in a rural District in Kenya"</i> | July 2011 report of the 4 th African International Psycho-trauma Conference |
| d. | Annual Alcohol Epidemiology Conference of the Kettil Braum Society held in Kampala, Uganda | <i>"The alcohol and Drug Abuse Policy at the work place for Teachers Service Commission employees, Kenya"</i> | July 2011 Report of the Report of the KBS Conference |
| e. | 3 rd Regional Training Conference/on Psycho-Trauma, healing and reconciliation held at the Catholic university of East Africa, Nairobi Kenya | <i>"Discussant on factors to consider in reconciliation in Somalia"</i> | |
| f. | The 2 nd East and Central African Regional Conference of Psychology conference (8 th to 13 th November 2015) in Hilton Hotel, Nairobi Kenya | <i>i. "Attitudes towards professional help seeking among college students in Kenya"</i> <i>ii. "Opinions about mental illness among primary school teacher trainees in Kenya"</i> <i>iii. "Expectations about Counseling in teacher training colleges in Kenya"</i> | Report of the 2 nd East and Central African Regional Conference of Psychology, Nov 2015 |
| g. | The International Congress of Behavioral Medicine (ICBM), 7 th to 10 th December 2016 Pullman Melbourne Albert Park, Melbourne, Australia | <i>"Expectations about Counseling for a Mental Illness among Primary School Teacher Trainees in Kenya"</i> | International Journal of Behavioral Medicine, Official Journal of the International Society of Behavioral Medicine, Springer. Of November 2016 Volume 23, Supplement 1, pp. 7 |