



THE TECHNICAL UNIVERSITY OF KENYA

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Faculty:	Applied Sciences and Technology
School:	HEALTH AND BIOMEDICAL SCIENCES
Department:	HUMAN NUTRITION AND DIETETICS
Current Designation:	Lecturer, HUMAN NUTRITION AND DIETETICS (DHND)
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Consultation Hours:	8AM-5PM MON - FRI



EDUCATION

LEVEL	QUALIFICATION NAME	INSTITUTION	YEAR
Masters of Science (M.Sc.)	FOOD NUTRITION AND DIETETICS	KENYATTA UNIVERSITY(Kenya)	2004
Bachelor of Education (B.Ed)	HOME ECONOMICS	KENYATTA UNIVERSITY(Kenya)	1991
Certificate	KACE	LORETO CONVENT MSONGARI(Kenya)	1987
Certificate	KCE	BUTERE GIRLS HIGH SCHOOL(Kenya)	1984

WORK EXPERIENCE

PERIOD	INSTITUTION	POSITION
2013 - TO DATE	TECHNICAL UNIVERSITY OF KENYA	LECTURER
2009 - 2013	TECHNICAL UNIVERSITY OF KENYA	CHAIR/LECTURER
2003 - 2008	KENYA POLYTECHNIC	SENIOR LECTURER(TSC)
1996 - 2003	KENYA POLYTECHNIC	LECTURER (TSC)
1992 - 1995	EGOJI TEACHERS TRAINING COLLEGE	ASSISTANT LECTURER (TSC)
1995 - 1995	THOGOTO TEACHERS TRAINING COLLEGE	ASSISTANT LECTURER (TSC)

GENERAL STATEMENT ON RESEARCH AREAS

Childhood Obesity, Nutrition management of disease, Product development

CURRENT RESEARCH PROJECTS

Effect of Moringa Oleifera consumption on Protein and Vitamin A status of children with cerebral palsy in Nairobi, Kenya

NUTRITION

SELECTED PUBLICATIONS

TITLE

LINK TO PULICATION

Obesity and factors that contribute to Obesity among Pre- Adolescents in Day Private Primary Schools in Nairobi,Kenya

<http://www.iiste.org>

COURSES TAUGHT

NAME	DESCRIPTION	PERIOD
Nutrition and Diet Therapy	Management of disease using diet	2009 - TO-DATE
Research Methods	Methodology,Data collection	2009 - TO-DATE
Nutrition Clinical Skills	counselling techniques,management of diseases at hospital and community level	2009 - TO-DATE
Community Nutrition and Education	Dissemination of nutrition information at community level	2009 - TO-DATE
Integrated Management of Acute Malnutrtion	Managing malnutrition at community levels	2009 - TO-DATE

PROFESSIONAL AFFILIATIONS AND SOCIETIES

TITLE INSTITUTION

Member	Kenyatta University alumni
Member	Food Science and Technology Platform of Kenya(FoSTeP-K)
Member	Kenya Nutritionsts and Dietecians Institute (KNDI)