



# THE TECHNICAL UNIVERSITY OF KENYA

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NAME: DR JANET KAJUJU MALLA

|                      |  |
|----------------------|--|
| Faculty:             | Applied Sciences and Technology  |
| School:              | HEALTH AND BIOMEDICAL SCIENCES   |
| Department:          | HUMAN NUTRITION AND DIETETICS  |
| Current Designation: | Lecturer, HUMAN NUTRITION AND DIETETICS (DHND)                           |
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| Consultation Hours:  | 8AM-5PM MON - FRI  |



## EDUCATION

| LEVEL                        | QUALIFICATION NAME                      | INSTITUTION                     | YEAR |
|------------------------------|---|---------------------------------|------|
| Doctor of Philosophy (PhD)   | FOOD, NUTRITION AND DIETETICS           | KENYATTA UNIVERSITY (Kenya)     | 2022 |
| Masters of Science (M.Sc.)   | FOOD NUTRITION AND DIETETICS            | KENYATTA UNIVERSITY(Kenya)      | 2004 |
| Bachelor of Education (B.Ed) | HOME ECONOMICS                          | KENYATTA UNIVERSITY(Kenya)      | 1991 |
| A Level/Equivalent           | KENYA ADVANCED CERTIFICATE OF EDUCATION | LORETO CONVENT MSONGARI(Kenya)  | 1987 |
| O level/Equivalent           | KENYA CERTIFICATE OF EDUCATION          | BUTERE GIRLS HIGH SCHOOL(Kenya) | 1984 |
| KCPE/Equivalent              | CERTIFICATE OF PRIMARY EDUCATION        | KANJALU PRIMARY SCHOOL(Kenya)   | 1978 |

## WORK EXPERIENCE

| PERIOD         | INSTITUTION                              | POSITION                 |
|----------------|--|--------------------------|
| 2013 - TO DATE | TECHNICAL UNIVERSITY OF KENYA            | LECTURER                 |
| 2009 - 2013    | THE KENYA POLYTECHNIC UNIVERSITY COLLEGE | CHAIR/LECTURER           |
| 2003 - 2009    | THE KENYA POLYTECHNIC                    | SENIOR LECTURER(TSC)     |
| 1996 - 2003    | THE KENYA POLYTECHNIC                    | LECTURER (TSC)           |
| 1995 - 1996    | THOGOTO TEACHERS TRAINING COLLEGE        | ASSISTANT LECTURER (TSC) |
| 1992 - 1995    | EGOJI TEACHERS TRAINING COLLEGE          | ASSISTANT LECTURER (TSC) |

#### GENERAL STATEMENT ON RESEARCH AREAS

Childhood Obesity, Nutrition management of disease, Product development

#### CURRENT RESEARCH PROJECTS

|  |           |
|--|-----------|
| Effect of Moringa Oleifera consumption on Protein and Vitamin A status of children with cerebral palsy in Nairobi, Kenya | NUTRITION |
|--|-----------|

#### SELECTED PUBLICATIONS

| TITLE  | LINK TO PUBLICATION         | YEAR |
|--|-----------------------------|------|
| Nutritional Value and Sensory Acceptability of M. oleifera Fortified Finger Millet Porridge for Children with Cerebral Palsy in Nairobi County, Kenya                      | <a href="#">View online</a> |      |
| Effect of Moringa Oleifera fortified porridge consumption on protein and vitamin A status of children with cerebral palsy in Nairobi, Kenya: A randomized controlled trial | <a href="#">View online</a> |      |
| Dietary Patterns and Obesity among Pre-Adolescents in Nairobi, Kenya   | <a href="#">View online</a> |      |
| Obesity and factors that contribute to Obesity among Pre- Adolescents in Day Private Primary Schools in Nairobi, Kenya   | <a href="#">View online</a> |      |
| A Review of Dietary Intake and Nutritional Status of Children with Cerebral Palsy  | <a href="#">View online</a> |      |

#### COURSES TAUGHT

| NAME  | DESCRIPTION  | PERIOD         |
|---|--|----------------|
| Nutrition and Diet Therapy                  | Management of disease using diet   | 2009 - TO-DATE |
| Research Methods                            | Methodology, Data collection   | 2009 - TO-DATE |
| Nutrition Clinical Skills                   | counselling techniques, management of diseases at hospital and community level | 2009 - TO-DATE |
| Community Nutrition and Education           | Dissemination of nutrition information at community level                      | 2009 - TO-DATE |
| Integrated Management of Acute Malnutrition | Managing malnutrition at community levels                                      | 2009 - TO-DATE |

PROFESSIONAL AFFILIATIONS AND SOCIETIES

| <b>TITLE</b>           | <b>INSTITUTION</b>                                      |
|------------------------|---|
| Member                 | Food Science and Technology Platform of Kenya(FoSTeP-K) |
| MEMBER                 | KENYA ASSOCIATION OF FOOD SAFETY AND PROTECTION         |
| NUTRITIONIST/DIETICIAN | KENYA NUTRITIONISTS & DIETICIANS INSTITUTE (KNDI)       |