



THE TECHNICAL UNIVERSITY OF KENYA

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NAME: DR ALICE ACHIENG' OJWANG

Faculty:	Applied Sciences and Technology
School:	HEALTH AND BIOMEDICAL SCIENCES
Department:	HUMAN NUTRITION AND DIETETICS
Current Designation:	Lecturer, HUMAN NUTRITION AND DIETETICS
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Consultation Hours:	8AM-5PM MON - FRI



EDUCATION

LEVEL	QUALIFICATION NAME	INSTITUTION	YEAR
Doctor of Philosophy (PhD)	SCIENCE-DIETETICS	NORTH-WEST UNIVERSITY(South Africa)	2019
Masters of Science (M.Sc.)	Nutrition and Dietetics	Stellenbosch University(South Africa)	2005
Bachelor of Education (B.Ed)	HOME ECONOMICS	KENYATTA UNIVERSITY(Kenya)	1998
O level/Equivalent	KENYA CERTIFICATE OF SECONDARY EDUCATION	Lwak Girls High School(Kenya)	1992

WORK EXPERIENCE

PERIOD	INSTITUTION	POSITION
July 2013 - TODATE	THE TECHNICAL UNIVERSITY OF KENYA	LECTURER
March 2001 - March 2006	Roche Pharmaceutical Products	Nutritional Consultant
June 1999 - March 2001	KENYATTA NATIONAL HOSPITAL	Nutritional Officer I
March 2001 - July 2013	Xenihealth Nutrition and Weight Loss Management Clinic	Nutrition Consultant

GENERAL STATEMENT ON RESEARCH AREAS

I am an enthusiastic, energetic and a self-motivated individual. I am focused; result oriented, and I possess proven management skills, achieved through vast experience in nutrition, working in very challenging environments. Additionally, I am an accomplished trainer, educator, facilitator and a mentor. I am currently advancing my career in research.

CURRENT RESEARCH PROJECTS

World Heart Federation - Small Grants	Obesity and CVD
"Effect of Mycotoxin exposure on immune system and growth of infants and young children"	Infant health, immunity and mycotoxins
The Prospective Urban Rural Epidemiology (PURE) study	NUTRITION ANDCARDIOVASCULAR DISEASE
Harvard School of Public Health	Global Nutrition Epidemiology Transitions

SELECTED PUBLICATIONS

TITLE	LINK TO PULICATION
Knowledge attitudes and practices of Medical Practice of obesity and weight management among medical practitioners in Kenya. (Master's Thesis, PRESENTED ISBPNA- OSLO 2007)	https://www.researchgate.net/publication/236732083_Aspects_of_Knowledge_Attitudes_and_Practices_of_Medical_Practitioners_on_Obesity_and_Weight_Management_in_Three_Urban_Centres_in_Kenya
The content of African diets is adequate to achieve optimal efficacy with fixed-dose artemether-lumefantrine: a review of the evidence	http://www.malariajournal.com/content/pdf/1475-2875-7-244.pdf
Food Activity Diary Is An Important Good Tool To Use In Patients Management To Create Room For More Nutrition Education And Support. Submitted for Publications	https://www.researchgate.net/profile/Alice_Ojwang

COURSES TAUGHT

NAME	DESCRIPTION	PERIOD
Obesity and CVD	Assessment, etiology and management of obesity and CVD	2004 - TO-DATE
Nutrition Education and Communication	Communicating nutrition and dietary messages to lay persons	2004 - TO-DATE
Research Methods	Research methods, data collection and publication	2013 - TO-DATE
Nutrition and Diet Therapy	Managing disease conditions using diet	2008 - 2010
Nutrition and Lifecycle	Nutrition in the life cycle, from conception to old age	2012 - TO-DATE
Nutrition Education and Counselling Skills	strengthen communication skills that help dietetic students become more effective educators and counselors.	2013 - TO-DATE
Nutritional Assessment	A nutrition assessment is an in-depth evaluation of both objective and subjective data related to an individual's food and nutrient intake, lifestyle, and medical history.	2013 - TO-DATE

PROFESSIONAL AFFILIATIONS AND SOCIETIES

TITLE	INSTITUTION
MEMBER	KENYA NUTRITIONISTS AND DIETICIANS INSTITUTE
MEMBER	Clinical Nutritionists and Dieticians Association of Kenya
MEMBER	International Union of Health Promotion and Education
MEMBER	Diabetes Educators Association of Kenya
ASSOCIATE MEMBER	Kenya Association of Physicians